

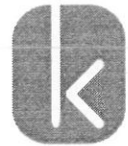
January 2017 Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sausage Biscuit Cereal Fruit Juice Milk	3 French Toast Bites Cereal Fruit Juice Milk	4 Yogurt Parfait Cereal Fruit Juice Milk	5 Breakfast English Muffin (ham,egg,cheese) Cereal Fruit Juice Milk	6 Cinnamon Roll Cereal Fruit Juice Milk
9 Pancake on a Stick Cereal Fruit Juice Milk	10 Biscuit and Gravy Scrambled Eggs Cereal Fruit Juice Milk	11 Blueberry Muffin Trix Yogurt Cereal Fruit Juice Milk	12 Toast Scrambled Eggs Cereal Fruit Juice Milk	13 Breakfast Bagel (Sausage,egg,cheese) Cereal Fruit Juice Milk
16 Pancakes (2) Scrambled Eggs Cereal Fruit Juice Milk	17 Breakfast Scramble Toast Cereal Fruit Juice Milk	18 Oatmeal & Topping Bar Cereal Fruit Juice Milk	19 Donut Cereal Fruit Juice Milk	20 Breakfast Pizza Flatbread Cereal Fruit Juice Milk
23 French Toast Sticks Scrambled Eggs Cereal Fruit Juice Milk	24 Blueberry Pancake Bites Cereal Fruit Juice Milk	25 Breakfast Burrito Cereal Fruit Juice Milk	26 Biscuit and Gravy Cereal Fruit Juice Milk	27 <i>No School</i>
30 Waffles Sausage Cereal Fruit Juice Milk	31 Cinnamon Toast* Scrambled Eggs Cereal Fruit Juice Milk	1 Biscuit and Gravy Cereal Fruit Juice Milk	2 Muffin Trix Yogurt Cereal Fruit Juice Milk	3 Breakfast Taco Cereal Fruit Juice Milk

January 2017 Lunch



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Corn Dog Mac and Cheese Green Beans Fruit Salad Bar Milk	3 Chicken Fajitas Refried Beans Spanish Rice Chips Salsa Fruit/Salad Bar Milk	4 Meatball Sub French Fries Carrot Sticks Fruit Salad Bar Milk	5 BBQ Pork Loin Loaded Mashed Potatoes Dinner Roll Fruit Salad Bar Milk	6 Pizza Caesar Salad Fruit Salad Bar Milk
9 Soft Beef Taco Refried Beans Spanish Rice Chips and Salsa Fruit Salad Bar Milk	10 Chicken Penne Pasta Green Beans Breadstick Fruit Salad Bar Milk	11 Deli Wrap Italian Salad Ruffles Fruit Salad Bar Milk	12 Country Fried Steak Mashed Potatoes Gravy Roasted Carrots Dinner Roll Fruit/Salad Bar Milk	13 Chili Fritos Beans Fruit Salad Bar Milk
16 BBQ Chicken Flatbread Carrots & Ranch Fruit Salad Bar Milk	17 Lasagna Green Beans Breadstick Fruit Salad Bar Milk	18 Orange Chicken Lo Mein Noodles Steamed Broccoli Fruit Salad Bar Milk	19 Pork, Carnitas Taco Refried Beans Spanish Rice Chips Salsa Fruit Salad Bar Milk	20 Cheeseburger (lettuce, tomato, pickles) Tater Tots Fruit Salad Bar Milk
23 Spaghetti with Meat Sauce Caesar Salad Breadstick Fruit Salad Bar Milk	24 Chicken Pot Pie* Roasted Carrots Fruit Salad Bar Milk	25 Taco Soup Beans Chips & Salsa Fruit Salad Bar Milk	26 French Dipped Sandwich* French Fries Fruit Salad Bar Milk	27 <i>No School</i>
30 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Salad Bar Milk	31 Rigatoni Green Beans Breadstick Fruit Salad Bar Milk	1 Pineapple Glazed Ham Ranch Roasted Potatoes Dinner Roll Fruit Salad Bar Milk	2 Chicken Taquitos Beans Spanish Rice Chips Salsa Fruit/Salad Bar Milk	3 Stromboli Marinara Garden Salad Cinnamon Stick Fruit Salad Bar Milk